



## The Emotionally Intelligent individual performer

A bespoke programme to **discover** and **develop** an individual's emotional intelligence skills. Highly '**outcome**' **focussed** and great results guaranteed through common sense coaching and skilled application of **NLP tools and techniques**. Ultimately this is about learning and embedding new more **successful habits and behaviours**.

- **Stakeholder discussion** – what's the difference that will make a difference to the organisation? No cost

*Themes are shared with stakeholders with agreement at appropriate points during the programme.*

- **Bar-On EQ-i assessment** (EQ-i®) – completed when convenient, on-line in 20 minutes £65
- **EQ-i report and feedback** – what are the issues and the outcomes wanted? Feedback on the EQ-i, greater self insight and new connections made (2 hours) £250\*
- **2-3 development sessions** – a clear EQ development plan is built, specific commitments made and enacted. £250\* per session

\*plus VAT and basic mileage rate